



RULES OF COMPETITION AYSO AREA 1B/1U  
16U-19U - FALL 2023 LEAGUE

These games will be conducted in accordance with the current F.I.F.A. Laws of the game, under A.Y.S.O. National Rules and Regulations; Section one Rules and Regulations; and Area 1B/U guidelines.

COACHES

- A. All coaches need to be Advance Level Coaches and have completed all the requirements put forth by AYSO:
  - a. Safe Haven
  - b. CDC Concussion
  - c. Sudden Cardiac Arrest
  - d. Safe Sport (Yearly)
  - e. Risk Status & Live Scanned
  - f. Current Volunteer registration form

PLAYERS

- A. Be a current registered player for the current program.
- B. Be on the Official Roster generated out of Sports Connect
- C. All players that turn or are currently 18+ will need to complete Safe Sport in a timely manner.

REFEREES

- A. Referees need to be properly certified as Advanced or National Referees
- B. Intermediate referees can officiate a match with ARA and RRA approval. We want to encourage these referees to upgrade their certifications.
- C. ALL misconduct reports need to be filled out immediately following the match.

OFFICIAL PLAYERS UNIFORM

- A. Every effort should be made to ensure the AYSO uniform dress code. All team participants will be uniformed in the same, matching color/style jersey, shorts, and socks. Any exceptions require prior approval by the Area Director or their designee.
- B. Shin guards must be worn, completely under the issued uniform sock. They also must be of adequate size.
- C. Metal braces, studs, earrings, hair ornaments and any other hard or metal jewelry or other objects are not allowed. (2022 National P&P allows beads that are firmly attached to the head)
- D. The team listed first on the schedule will be considered the home team. In case of conflicting colors, home team shall change jerseys or wear scrimmage vests provided by the region hosting the game.

ROSTER

- A. National Registration System Roster required for all games
- B. Maximum Roster size 22 players
- C. **Last day to add/change is September 30.**

## SEASON FORMAT

### A. All Games: 11 v. 11

1. Game Length
  - a. Under 19 - Two (2) 45 minute halves
  - b. Under 16 - Two (2) 40 minute halves
2. Substitution
  - a. May occur at any stoppage of play at the discretion and permission of the referee.
  - b. During a caution or ejection with permission of the referee

### A. League Games:

1. Games will start the Monday before Labor Day
2. Check-in:
  1. A region board member or designee other than the coach will check that all monitoring sheets are blank prior to game start and initial and print their name.
  2. Check all players against Player ID Cards or an Official Players Roster with Pictures (All pictures must be current and close in likeness). Also ensure that PAPER copies of the medical release forms are present. The game cannot start without them and the team can forfeit the match.
  3. Collect all match material and the end of the match from the Referees Only and given to the RC or Upper Division Coordinator.
3. No coin toss. Home team picks Ball or Side
4. Home team will provide 3 game balls.
5. Games may end in a tie. Running clock, no stoppage time added.
6. All games will have scores recorded and standings kept.
7. Standings will be determined by the following 10 point system:
  - Win – 6 points
  - Tie – 3 points
  - Loss – 0 points
  - Goals Scored (up to 3)
  - Shutout – 1 point
  - Red Cards result in -2 points per incident (Coaches, players, substitutes)
  - Forfeits are a 10 points
8. If a team plays a match using a suspended or other ineligible player, the match shall be deemed a forfeit
9. If a game is canceled due to unforeseen circumstances and it is unable to be rescheduled, as determined by the Area Directors or designee, the total points of the teams involved will be adjusted by a multiplier.

### B. COMPETITION

1. Games shall be played as scheduled unless postponed/canceled by the Area Director or postponed due to weather or field conditions by the referee or host site Regional Commissioner.
2. It shall be mandatory to play a scheduled game in its entirety. Failure to do so could result in disciplinary action against the coach or team.
3. Games postponed due to weather or field conditions, it is the hosting Region's RC's responsibility to inform:
  - a. Regional Commissioner of visiting Region in a timely manner so he/she may advise

his/her teams.

- b. Referee Administrator of host site.
- c. Area Director and/or Area Coordinator.

4. GRACE PERIOD/MINIMUM PLAYERS

- a. A minimum of seven (7) players shall constitute a team; a scheduled game shall not commence nor be continued if one or both teams cannot field seven eligible players.
- b. A grace period of 15 minutes shall be allowed by the referee in charge of the game, this period to commence at the scheduled kickoff time for the game or when the field becomes available, after which the referee will cancel the game if one or both teams are not ready to play. If game cannot commence because one team does not have enough players, it will be ruled a forfeit
- c. The forfeiting team shall lose by a score of 1-0 marked with an F on the standing sheet.
- d. In the event of a late start the referee will equally shorten both halves of the match to accommodate the start of the next match.

5. DISCIPLINE

- a. Cautions: A cautioned (Yellow Card) player MUST be substituted immediately after the booking. That player is then required to be out for three (3) minutes minimum for a “cooling down” period. Once completed the player may re-enter the match at the next dead ball at the referees digression.
- b. A Team member, coach or assistant coach sent-off or ejected for other than violent conduct, before during or after a game, including a send-off for receiving a second caution in the same match, shall be suspended from all participation in the current and next scheduled played match.
- c. Any player sent off for violent conduct shall be suspended from all participation for two (2) of the next scheduled played games and may be subject to further action pending review by the player’s Region and/or Area Board. Anyone who falls under this category may not be eligible to participate, or continue to participate, in the Area 1B or 1U Playoffs.
- d. Any player or substitute who is sent off (red card) or ejected for violent conduct that can be deemed to be fighting during the regular regional season, regional playoffs or area league play, or area playoffs will be suspended for 4 games and subject to further action. They will also be ineligible to participate, or continue to participate, in the area playoffs, or the Section playoffs.

**\*VIOLENT CONDUCT** - Violent conduct is when a player or coach uses or attempts to use excessive force or brutality against an opponent when not challenging for the ball, or against a team-mate, team official, match official, spectator or any other person, regardless of whether contact is made. In addition, a player who, when not challenging for the ball, deliberately strikes an opponent or any other person on the head or face with the hand or arm, is guilty of violent conduct unless the force used was negligible.

- e. For each subsequent red card/ejection received by a player there will be an additional game suspension.
- f. If at any time a fight breaks out on the field, ALL the players and substitutes are instructed to **IMMEDIATELY** go to their sideline and remain there. Players or substitutes who fail to do so may be suspended for one or more games.

- g. A player who has been sent off shall be required to take his/her jersey off or cover it and sit behind the team so as to prevent disharmony until the end of the game. The Coach or acting Coach shall ensure that a player who has been sent off participates no further, whether by word or action, including the end of the game handshake.
- h. A Coach, assistant Coach, or acting Coach who has been expelled must leave the vicinity of the field of play. The referee shall not allow a match to start or continue without a team's properly credential Coach, Assistant Coach, or acting Coach in attendance.
- i. Suspensions shall be served in the next scheduled played match(es) including, if applicable, Area or Section playoffs. All disciplinary suspensions are in full force and effect until fully served.
- j. A suspended Coach may not attend any match he/she is suspended from.
- k. It shall be the responsibility of the Coach, or acting Coach to ensure that any suspension is served regardless of whether the referee fails to note it on the line-up card or write up a match report in a timely matter. A Coach violating this provision shall be suspended for the next scheduled played match.

**l. Additional Disciplinary Action**

- 1) Any player, coach, or assistant coach involved in violent conduct, offensive, insulting or abusive language, dissent or unsporting behavior or gestures before or after the match will be suspended by the Area Director and subject to additional disciplinary action based on further review by the Area Review Board. Area 1B/U Board Members and Regional Commissioners have the authority to act as necessary to forestall or diffuse potentially difficult situations.
  - 2) A Coach who withdraws his/her team from a match in progress without consent of the referee will be subject to further review.
  - 3) A team member, Coach, Ast. Coach, Player, or Substitute consistently exhibiting disregard for the laws of the game by accumulating, three or more cautions (i.e. unsporting behavior, persistent infringement, etc.) during league play (including, if applicable, playoff competition and year-end Area 1B or 1U Playoff) may be subject to suspension from participation in the next scheduled played match.
6. RESCHEDULING GAMES
- Once schedules are posted, reschedules, other than for cancelations due to field closure, will only be considered if the following occurs before the originally scheduled game date:
- a. Approval of the Regional Commissioners &/or Region's Upper Division Coord. of teams involved,
  - b. Both coaches are in agreement. The opposing team has the right to refuse the rescheduling of the game.
  - c. The region whose team is requesting the change must provide site, field set-up, and referees (at the option of the opposing team)
  - d. Area Director(s) and Regional Commissioners of teams involved must be kept informed of every step.
7. If a game is terminated prior to completion, the outcome/standings shall be determined by Area Directors, or designees.

8. ARTIFICIAL NOISEMAKERS, of ANY kind shall not be allowed. Electronic devices used to communicate between the players and the coaches or spectators shall not be allowed
9. No Smoking will be allowed at the fields.
10. No animals of any kind are allowed at the fields, except for service animals.

### SCORES

- A. All scores will be recorded by the hosting RC or Upper Division Coordinator directly to the Area Stats page within 24 hours.
- B. All coaches will document each Line-up Card, Referee Match Card, and Time Monitoring Sheet and be emailed to [areastats@gmail.com](mailto:areastats@gmail.com) within 24 hours.
- C. Standing will be updated weekly from the scores page directly before each week starts. Any discrepancies need to be brought up within a week of posting.

**PLAYOFFS:** Each Area will hold separate playoffs. The following rules applies to both Areas 1B & U:

1. The Top 4 teams in each division at the end of league play will advance to the semi-finals as follows:
  - 1<sup>st</sup> will play 4<sup>th</sup>
  - 2<sup>nd</sup> will play 3<sup>rd</sup>.
2. Point ties between teams, at the conclusion of league play, will be broken on the following basis
  - a. Fewest send-offs (Coach & Player Ejections)
  - b. Head-to-head
  - c. Fewest goals allowed
  - d. Goal Differential (up to 3 per match)
  - e. Coin toss
3. Semi Finals and Finals will be single elimination.

In case of a tie at the end of regulation time, the winner shall be determined by two (2) 8-minute overtime with golden goal\*. If it is still tied after the two overtime periods the match will be decided by taking of Penalty Kicks in accordance with FIFA Laws of the Game.

  - a. The goalkeeper may be changed after any kick from any player on the field at the end of the second overtime period
  - b. Unless the referee specifies otherwise, non-participating players, substitutes, coaches, and other spectators may be allowed on the field behind the halfway line, or off the field behind the penalty area. They shall not interfere in any way with the participating players or referees.

**\*Golden Goal – In overtime the first team to score a goal with immediately end the game and advance with a win.**

#### 4. Medals & Advancement

Medals will be awarded for 1<sup>st</sup> through 4<sup>th</sup>. The first place team in each division will be recommended to advance to Section 1 League Playoffs, provided that they have met all Region, Area, and Section requirements. This is an invitation by Section 1 to Area B and the Area Director will make the final decision on what team will represent the Area at those games. If a wild card is given to the Area then the 2<sup>nd</sup> place team will be recommended for

advancement pending the Area Director's approval. The Area Director has full discretion, and ultimately the final decision on which teams to send that will represent Area B at the Section 1 Playoffs.

\*\*\*All rules stated above were voted on and approved by all Regional Commissioners from Area 1B including Claremont, Diamond Bar, Chino, South Ontario, & Chino Hills. Regional Commissioners from Area 1U also approved the above rules including The Heights, San Dimas/La Verne, Covina, and Walnut. Both Area Directors approved the rules set forth for the Fall 2024 season.\*\*\*